

**60 miles in September,
5,000 steps a day**



Step Forward Challenge

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Weekly Activity Total
WEEK 1
WEEK 2
WEEK 3
WEEK 4
WEEK 5
TOTAL:

Weekly Fundraising Total
WEEK 1
WEEK 2
WEEK 3
WEEK 4
WEEK 5
TOTAL:

IN SUPPORT OF

