

## Free E-Learning Resources

E-learning is electronic learning which means using a computer, laptop or tablet to complete a distance learning course online, anytime and anywhere – even in the comfort of your own home. Below you will find a number of different websites offering relevant free e-learning courses, should you wish to explore further some of the topics we discussed in the training.

### Understanding Violence Against Women

<https://www.futurelearn.com/courses/understanding-violence-against-women>

On this course you will learn about the roots of violence against women, the principles of gender inequality at its centre and most importantly, how to challenge entrenched attitudes that impact women the world over.

### Rape and Sexual Violence

<https://www.idas.org.uk/rapesupport/training/>

This course deals predominantly deals with rape in adulthood. After completing the course you will have a knowledge of the prevalence of rape and sexual violence, gain an understanding of the myths and attitudes that affect how rape is dealt with, you will be able to recognise some of the effects of being a victim of rape, you will know what services are available to victims and you will have an awareness of best practice.

### Safeguarding Adults

<https://www.scie.org.uk/publications/elearning/adultsafeguarding/>

The Social Care Institute for Excellence (SCIE) provides a free e-learning training course on safeguarding adults. The course considers what adult safeguarding is, what are the different types and indicators of abuse, what to do if you suspect someone is being harmed and how to improve safeguarding to prevent harm.

### Safeguarding Child Victims of Trafficking



<http://course.ecpat.org.uk/>

ECPAT UK provides training throughout the UK and internationally on child protection in tourism and on the protection of child victims of trafficking. In particular, ECPAT UK operates a national training programme on safeguarding children to increase awareness and highlight the specific support needs of trafficked children. It has made available a free e-learning course 'In Your Hands – Safeguarding Child Victims of Trafficking'.

### **Modern Slavery**

<http://www.open.edu/openlearn/people-politics-law/the-law/modern-slavery/content-section-0>

This free course, provided by The Open University, through OpenLearn, is designed to develop an understanding of the international system of human rights protection in relation to modern slavery, but also encourage an appreciation of the influence of International Human Rights Law on the development of the domestic system of human rights protection.

### **Forced Marriage**

<http://www.safeguardingchildren.co.uk/resources/awareness-of-forced-marriage-register-for-training/>

Virtual College provide an Awareness of Forced Marriage e-learning course on behalf of the Government. The course was developed with the Forced Marriage Unit of the Foreign and Commonwealth Office and Home Office. It aims to raise awareness, challenge perceptions and inform professionals of the correct actions to take should you suspect someone is at risk. The key learning outcomes are: Recognition of the warning signs of forced marriage; Taking the right actions to prevent potential victim; and Co-operate effectively with other agencies. This e-learning course is aimed at all professionals who have a responsibility to safeguard vulnerable children, young people and adults at risk.

### **Female Genital Mutilation**

<http://www.safeguardingchildren.co.uk/resources/female-genital-mutilation-recognising-preventing-fgm-free-online-training/>

Virtual College, on behalf of the Home Office, provide a free e-learning course on Recognising and Preventing Female Genital Mutilation (FGM). FGM is a procedure where



the female genitals are deliberately cut. The course follows Hope's journey exploring issues relating to FGM and how they can affect an individual throughout their whole life. The training aims to help a wide range of professionals to identify and assist girls who are at risk of FGM.

### **Child Sexual Exploitation**

<http://paceuk.info/training/keep-them-safe/>

Pace (Parents against child sexual exploitation) and the Virtual College provide a free e-learning training course called Keep them Safe which is a useful introduction to child sexual exploitation (CSE). The course is aimed at parents but will also be valuable to professionals with safeguarding responsibilities. The course provides information on what CSE is, what are the signs and indicators that a child might be being exploited, an understanding of the impact of CSE on families, and what to do if you suspect a child might be at risk of this form of abuse.

### **Complicated matters: domestic and sexual violence, problematic substance use and mental ill-health**

<http://elearning.avaproject.org.uk/>

Domestic and sexual violence, problematic substance use and mental ill-health are three issues which often co-exist. And when they do, things can become complicated. This course is designed to 'uncomplicate' matters by raising your awareness about how the three issues interlink and reflecting on the most effective ways to engage with individuals and families who are affected by these issues. This course has been developed alongside a toolkit for professionals who work with victims or perpetrators of domestic and sexual violence who are also affected by problematic substance use and/or mental ill-health. You will find links to the toolkit throughout the course.

### **Understanding Domestic Violence and Abuse**

<http://elearning.avaproject.org.uk/>

In February 2014, the National Institute for Health and Clinical Excellence (NICE) issued guidance for health and social care practitioners on responding to domestic violence in their



practice. The guidance outlined four levels of training for differing professionals' groups. This e-learning programme will enable to meet level 1 & 2 of the NICE recommended training and is applicable to all health and social care professionals.

### **Child Sexual Abuse**

<https://learning.seenandheard.org.uk/>

Focused on raising awareness of child sexual abuse (CSA) and exploitation (CSE), this e-learning course provides an authentic, child-centred perspective on abuse and exploitation. The message is clear – if abuse is to stop, children need to be both seen and heard. Told through the story of Tyler and his experiences of the services he comes into contact with during the course of his abuse, Seen and Heard is narrated by young people, supported by the latest research findings.

### **Understanding violence, abuse and mental health webinar**

<https://www.vahm.co.uk/webinars.html>

VAMHM, the Violence, Abuse and Mental Health Network, have hosted a webinar which features experts including Prof. Joanna Bourke (Birkbeck, University of London), Nicole Jacobs (Domestic Abuse Commissioner for England and Wales), Akiko Hart (National Survivor User Network) and Laura Fischer (artist, activist and researcher).

### **Understanding domestic abuse & sexual violence: CPD accredited online courses**

<https://courses.idas.org.uk/>

IDAS is the largest specialist charity in Yorkshire supporting anyone experiencing or affected by domestic abuse or sexual violence. They offer a free online Domestic Abuse training course which is aimed at voluntary groups who work with adults and children or young people, to give a basic awareness of issues surrounding domestic abuse. They also run a free online sexual violence training course which give a basic awareness of issues surrounding rape and sexual violence.





**change that lasts**  
the right response to domestic abuse



**women's aid**  
until women & children are safe